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**Ways to Become Involved with Gilead**

Gilead offers a variety of opportunities for you to become involved in supporting our work. Below are several examples of ways you can help support Gilead and your family member, but we’re always interested in hearing about some other interest or skill that you have and might like to share with us or our clients. You can initiate the volunteer process by visiting our website [www.Gileadcs.org](http://www.Gileadcs.org), clicking on the “Donate” tab and then “Volunteer” on the drop-down menu.

**Examples of Volunteer Opportunities**

* Administrative tasks (stuffing envelopes, writing thank-you notes, data entry, etc.)
* Facilities maintenance (painting, etc.)
* Social media
* Helping with our fundraising event, Quizine for a Cause (see attached Save-the-Date card)
* Photographing events
* Working with clients:
	+ Music
	+ Book clubs
	+ Bingo
	+ Drive to appointments/ shopping
	+ Arts and crafts
	+ GED tutors
* Sports
* Gardening
* Go for walks
* Organize pasta dinners
* Yoga, exercise
* Take to church

**Legislative Advocacy**

* Writing letters to legislators
* Testifying at public hearings
* Meeting with legislators