2022 Annual Report

COMPASSIONATE CARE

While we love to celebrate our clients' successes we can't forget to give credit to our amazing staff and their role in these successes.

A recent example shows how our staff's training, experience and compassion helped one young man deal with the many challenges he faced as he navigated his first year in college.

While it's not unusual for a first-year college student to feel overwhelmed and anxious, *Rob** began to talk about dropping out early in the semester. That's when the staff at Anchorage used their training, experience and compassion to help him navigate and ultimately overcome the barriers he faced.

As a former high school guidance counselor, former Anchorage staff, Kasimu, was able to offer reassurance to this young man who was worried about the increased workload. Kasimu shared that many first-year college students experienced these same feelings of anxiety and worry with the amount of study and homework required at the college level and that he was "not alone" at all in his feelings. **Rob felt validated.**

After learning how expensive the required textbooks would be, Rob saw this as a barrier he couldn't overcome and this contributed to wanting to quit school. Mark, his clinician, made it a priority to help him find more affordable options such as used textbooks and digital alternatives. Rob felt empowered.

Another major stressor was the anticipation of an upcoming change in

residence and challenge of navigating transportation to campus. Sean, a recovery care manager at Anchorage, researched the public bus schedule and took him on a practice run between his new residence and the college campus. **Rob felt independent.**

In all these ways, Anchorage staff helped to make Rob's experience more manageable which led to better time management, a choice of a college major, grade improvement — and ultimately being named to the Dean's List! This accomplishment was achieved with the support and encouragement of Gilead's staff utilizing creative, concrete steps leading to the reassurance of the client and a successful outcome!

Anchorage staff credited their ability to respond to Rob's challenges to their training in Therapeutic Crisis Intervention (TCI). This approach emphasizes a proactive response to the stages of escalating behavior, so that clients feel supported and encouraged to

express their feelings and make positive choices. As reflected in Rob's case, TCI can also reduce common frustrations and help improve coping strategies. Several Gilead staff members, include Anchorage Program Director Jessica Gallman, are certified TCI Trainers and regularly conduct the 3-day training sessions to program staff. Great job by all!



Diane, Lynn, Jessica & Sean - a few of the staff members from the fabulous Anchorage Home team!

*Some names have been changed to maintain privacy.

2022: LIVING OUR VALUES

As Gilead enters its 55th year of providing high quality services that promote growth, independence and recovery, we are filled with wonder at the continued impact that we have had on our community and gratitude for the way that the community has supported us.

From Gilead's humble beginnings as an outpouring of compassion by Wesleyan students to meet a need in the community, to our current impact on a local, statewide and national level in the fight for human rights and dignity for all whose lives are touched by mental health and addiction, you have been at the center of it all!

As we reflect, we are struck by the many ways in which the values of Gilead (Excellence, Compassion, Innovation and Integrity) are woven into the accomplishments and challenges of the past year. Your support and investment in Gilead has strengthened our commitment to the values that got this all started on High Street so many years ago.

Excellence

In the fall of 2022, our national accreditation body (CARF) completed a virtual site visit which resulted in a full 3-year accreditation! In some ways, even more satisfying than the accreditation was listening to the words of the reviewers as they read to us from three-pages of strengths they had identified, along with the lowest number of recommendations that Gilead has ever received through a CARF review! In addition, Gilead has partnered with Oak Hill to create a 3-year strategic plan that is focused on continuing to expand access to services, support our long-term financial health, create opportunities for partnership, transform through diversity and invest in our staff. We are celebrating excellence in our existing services and prioritizing excellence for the years ahead!

Compassion

The need is great. According to the National Alliance on Mental Illness, only 46% of U.S. adults with mental illness received treatment in the past year. We understand that there are many barriers to accessing treatment and have made a commitment to our community to increase access to affordable and high quality services. Over the past year, we have expanded Gilead's Mental Health Resource Center to include services at Covenant Living of Cromwell, the Middlesex YMCA and a new partnership with the City of Middletown. It is our hope that through these partnerships, and more to come, we can make quality mental health and addiction treatment services accessible within our community!



Innovation

2022 was a year of transition, change and innovation at Gilead. While it was difficult to see the Assertive Community Treatment (ACT) program transition to state services as part of a statewide service re-organization, our clinical leadership teams have turned this into an opportunity. In its place, Gilead has launched outpatient addiction services, developed a new partnership with CSSD (Court Support Services Division) and introduced 25 new slots of case management services. In addition, Gilead is working, in partnership with Oak Hill and Department of Developmental Services, to provide innovative, new and needed services to support individuals who experience an intellectual disability along with a mental health challenge. We are excited about the new opportunities and programming that will come out of these partnerships!

Integrity

We have known for a long time that Gilead's greatest strength is our staff and the incredible life-changing work that they perform each day! Our staff continue to embody the core recovery principles that we aspire to as an agency while they engage in authentic relationships that help people to recover and achieve their goals. Over the past year, we have invested in our staff through enhanced compensation, recognition events and small acts of appreciation throughout the year. And, as is usually the case, their investment in the lives of the people we serve, their resilience through a continued pandemic and their dedication through a staffing crisis far surpassed what they receive. Their contributions continue to be what makes Gilead the special place of recovery and healing that it is!

Thank you for being Gilead champions and advocating for the needs of the people who experience a mental health or addiction challenge in their life. We are grateful to be on this journey with all of you and we are looking forward to what 2023 will bring!

- Dan Osborne, CEO & Laura Patey, Board Chair

GILEAD AT A GLANCE...



individuals received life changing mental health & addiction services from Gilead Community Services.



people contacted the Mental Health Resource Center looking for help with mental health, substance abuse, & other related assistance.



of Gilead's clients maintained stable housing throughout the entire year.



staff members received funding from the Richard "Doc" Wiseman Continuing Education Fund, created by his family to provide additional education & training.



holiday gifts were donated to clients.



dollars was donated to Gilead through general donations, events & campaigns.



of clients say that Gilead staff believe that they can grow, change and recover.











RACIAL EQUITY COMMITTEE YEAR IN REVIEW

After the most recent strategic plan emphasized the importance of diversity, equity, and inclusion, Gilead formed a committee to address the needs of the organization. During its year of existence, the Racial Equity Committee has implemented in-person meetings, examined different elements of Gilead's strategic plan, shared educational materials with the agency, and met with consultants to further its work.

The implementation of a hybrid meeting schedule, which include meeting in-person has created a safe space for sharing personal and meaningful anecdotes and culture. These opportunities have made members more comfortable sharing stories, even difficult ones. This environment has made the committee a place for honest conversations that can ultimately lead to agency-wide change.

Education is an important goal in the work towards a more equitable workplace. The committee has used Gilead's quarterly all agency meetings and monthly agency-wide communications to share educational materials pertinent to Black History Month, the legacy of slavery on Black communities, and past and present

struggles for civil rights. Sharing these educational materials opened doors for thoughtful conversations about how racial equity applies to our everyday work lives. These meaningful conversations are crucial to understanding next steps for the committee.

To further facilitate these conversations throughout the agency, the committee decided to bring professional consultants to the table to offer their expertise.

Consultants from the State Education Resource Center (SERC) met with members to learn more about the committee's goals for educating the agency about race and racial equity, answer questions, and offer feedback on our meeting structure and next steps.

The committee is looking forward to implementing surveys, learning about the agency's needs, and leading conversations guided by SERC's best practices and feedback.

Gilead's Racial Equity Committee is still understanding its role in the agency, but its inaugural year made it clear that this group is determined to set plans in motion and bring racial equity to the forefront of the organization's mission.



What winter holidays do you celebrate and how?

FINANCIAL HIGHLIGHTS July 1, 2021 - June 30, 2022

The financial results presented below have been excerpted from Oak Hill's consolidated financial statements for the fiscal year which ended June 30, 2022.

Consolidated Statement of Financial Position

	2022
ASSETS	
Assets	
Cash and Cash Equivalents	\$1,606,350
Accounts Receivable, Net of Allowance	373,398
Prepaid Expenses and Other Assets	80,832
Investments	771,206
Property and Equipment, Net	5,122,301
TOTAL ASSETS	7,954,087
LIABILITIES & NET ASSETS	
Liabilities	
Account Payable and Accrued Expenses	\$340,307
Accrued Wages and Benefits	649,777
Deferred Revenue	1,650
Refundable Advances	48,437
Obligations under Capitol Leases	46,842
Long-term debt, net	1,799,291
Funds Held on Behalf of Others	48,353
TOTAL LIABILITIES	2,934,657
NET ASSETS	
Unrestricted	\$4,834,851
Temporarily Restricted	184,579
TOTAL NET ASSETS	5,019,430
TOTAL LIABILITIES & NET ASSETS	7,954,087

2021-22 BOARD OF DIRECTORS

Chair: Laura Patey
Vice Chair: Paul Zakarian
Assistant Secretary: Russ Hassmann
Assistant Treasurer: David Porteus
Oak Hill Ex Officio Member: Michael Hannah

DIRECTORS
Cathy Boone
Suzanne Gaskell
Kim Hogan
Phil Pessina
Carrissa Williams

EMERITUS DIRECTORS
Ray Bourret
Jeffrey Burgess
Fran Ludwig
Jean Monahan
Frank Zocco

Gary Wallace

Consolidated Statement of Activities & Changes in Net Assets

	2022
PUBLIC SUPPORT & REVENUE	
State & Federal Grants	\$10,970,377
Fees Earned:	
Room and Board	487,844
Fee for Service - Clinics & Wise	570,869
Medicaid Residential	1,943,458
Rental Income	37,126
Other	182,214
TOTAL PUBLIC SUPPORT & REVENUE	14,191,888
EXPENSES	
Salaries	\$8,652,608
Employee Benefits	2,379,421
Purchased Services	1,897,776
Materials and Supplies	638,704
Miscellaneous Expenses	94,402
Interest Expense	204,617
Depreciation Expense	481,909
TOTAL OPERATING EXPENSES	14,349,438
OTHER INCOME	
Investment Income, Net	\$19,711
Federal COVID-19 PPP Grant	0
Gifts, Grants and Bequests	860,331
Net Realized and Unrealized Gains on Investments	(115,180)
TOTAL OTHER INCOME	710,862
CHANGE IN NET ASSETS	
CHANGE IN NET ASSETS	553,312



Thank you to the Hassmann's & Third Congregational Church for their annual donation of fresh strawberry shortcake to Gilead staff!

GIVING

Gilead Community Services is so grateful to everyone who has given to Gilead in the past fiscal year and would like to highlight individuals, foundations, civic organizations and businesses that made financial contributions or in-kind gifts

to our organization during the 2022 Fiscal Year (July 1, 2021-June 30, 2022). If we have inadvertently omitted or misspelled your name, please accept our apologies and contact the Chief Development Officer at (860) 301-6634.

LEGACY SOCIETY

Anonymous Robert & Janice Baldwin Craig Bauer & Heather Tolley-Bauer Jamie & Daniel Bellenoit Cathy & Bob Boone Jeffrey & Suzanne Burgess Lauralei & Edward Clapp Kathy & Ted Clark Suzanne & John Gaskell Betsy Gerich John Hall Russ & Leslie Hassmann JoAnne Hine Kim Hogan Jim & Lisa Kaveney Carolyn Kirsch Fran Ludwig Mark Ludwig Lucy McMillan & Edward McKeon Jane S. McMillan Jim Meehan Jean & Mike Monahan Dan & Kyle Osborne Stacey Owens David & Gail Porteus Laura Patey & Elizabeth Leigh Powers Jim & Cathy Probolus Barry Simon Rob Snyder & Gail Emilsson

LEADERSHIP CIRCLE

Patti Vassia

Donors who have given at least \$10,000 cumulatively and \$1,000 annually

Alera Group, Inc. Anonymous Cathy & Bob Boone Ray & Sandy Bourret Community Foundation of Middlesex County Coughlin Services Corp. **Essex Community Fund** Suzanne & John Gaskell Genoa Healthcare Victor & Betsy Graziano Guilmartin, DiPiro & Sokolowski, LLC

Welles & Lillian Guilmartin Fran Ludwig Mark Ludwig Mark Masselli & Jennifer Alexander Michael McGoldrick Jane S. McMillan Lucy McMillan & Edward McKeon Maggie McMillan Middlesex United Way Daniel Millstein & Jean Weigert, M.D. Mirabito Energy Products National Sign Corporation Dan & Kyle Osborne Peach Pit Foundation Personal Auto Care David & Gail Porteus Cathy Probolus Laurence Rosenzweig Shipman & Goodwin LLP Barry Simon & Susan Silverman Thomas J. Atkins Memorial Fund Town of Westbrook United Healthcare Services, Inc. Patti Anne Vassia

RECOVERY: \$25,000+

Anonymous Department of Children & Families Department of Mental Health & Addiction Services Russ & Leslie Hassmann (7) Middlesex United Way (11)

INDEPENDENCE: \$10,000-\$24,999

Anonymous Fran Ludwig (*)(1)(2)(46)(47)(48) Mark Ludwig Jane McMillan (5) Daniel Millstein & Jean Weigert, M.D. (*)(1)(2) Peach Pit Foundation (*)(1)(2) David & Gail Porteus (*)(1)(2) Anne Stokes McAlaine

SELF ADVOCACY: \$5,000-\$9,999

Community Foundation of Middlesex County Coughlin Services Corporation (1)(2) Victor & Betsy Graziano (1)(2) Michael McGoldrick (14) Microsoft Matching Gifts Program Thomas J. Atkins Memorial Fund

CONFIDENCE: \$3,500-\$4,999

Arch Street Pharmacy (1)(2) Dan & Kyle Osborne (*)(2) John Reisch Town of Essex Town of Westbrook

DIGNITY: \$2,000-\$3,499

Alera Group, Inc. (1)(2)

Archdiocese of Hartford

Anonymous

Cathy & Bob Boone (1)(2) Central Systems Inc.(1)(2) **Essex Community Fund** Suzanne & John Gaskell (*)(1)(2) Genoa Healthcare (1)(2) George A. & Grace L. Long Foundation Hallam ICS Joan Hedrick Roger Luskind M.D. & Pamela Taxel M.D. Mark Masselli & Jennifer Alexander Lucy McMillan & Edward McKeon (*)(2) Neurocrine Biosciences, Inc.(1)(2) Swindells Charitable Foundation

RESPONSIBILITY: \$1,000-\$1,999

United Healthcare (1)

All Waste, Inc. (1) Monica Belyea & Steve Smith (*)(1)(2)

Margaret Carey Best & Jonathan Best (2)(9) Ray & Sandy Bourret (2) Esther Cabral (1)(2) Ceridian (1) Cheryl Czuba Betsy Demir Eli Cannon's Tap Room (1) First Financial Associates (1) Full House Drywall (2) Betsy Gerich (*)(1)(2) Gary Greenbaum (8) Guilmartin, DiPiro & Sokolowski, LLC (1)(2) Welles & Lillian Guilmartin James Gusfa Ken & Maureen Hamilton Anthea & Michael Hannah (2) Jacobs Financial Partners (1) Liberty Bank (1) Vincent Loffredo & Dora Glinn (1)(2) Julia Marsh & Patrick Kneeland Maggie McMillan (1)(2) Middlesex Health (1)(2) Mirabito Energy Products (1) Michael & Karen Neag Patricia A. & David J. Nicholas (4) Melville Owen (31)(32) Laura Patev & Elizabeth Leigh Powers (*) Pavcom (2) Personal Auto Care (1) Cathy Probolus (1)(2) Lawrence Rosenzweig ServPro of Middletown/ New Britain (2) Shipman & Goodwin LLP (1) Barry Simon & Susan Silverman (*) Jeffrey Snyder (1) Patti Anne Vassia Quentin & Carrissa Williams (*) Curtis & Joyce Weybright (2) Kenneth & Betty Lou Wiseman

SELF SUFFICIENCY: \$750-\$999

WTW (1)

A.R. Mazzotta Employment Specialists (2) American Distilling (2)

Erick & Laura Faul Rafael & Elizabeth Gallegos (1) Mary Helen Jordan (6) Nancy & John Mevers Jean & Mike Monahan Pat Snyder

SELF EFFICACY: \$500-\$749

Paul T. & Margaret Amble (1) Rani Arbo & Scott Kessel (2) Around the Clock Telemessaging Corp.(1) Rebecca & David Bohy (2) Cameron Plumbing & Heating (1) Carousel Industries (1) Salvatore Carrabba CDW Healthcare (1) Barry Chernoff (2) Church of the Holy Trinity Community Health Network Foundation Brian & Marjorie Dudek Exchange Club of Portland First Church of Christ Congregational United Richard & Sally Fitzgerald (3) Frontier Communications **CSF** George & Carol Gilbert David & Sara Hadden John & Susan Hall Richard & Sandra Handel Mary-Kathryn Harrity (4) Kim Hogan Virgina Houghtaling (2) Howard, McMillan & Tvcz. LLC William & Eleanor Howard Charles Hucks Gary & Brenda Jodoin James & Lisa Kaveney Monitor Controls (38) Murtha Cullina LLP (1) Ann O'Connor (2) Regis & Jennifer O'Neill Teresa Opalacz (2) Stacey Owens (2)(34) Paul & Sowgol Zakarian (*)(2) Phillip & Shirley Pessina (*)(2) Michael & Barbara Prendergast Matthew & Jessica Probolus (2)(27)

J. Andrew Probolus &

Marianne Smith (27)

John & Jennifer Rannestad Margaret & Charles Rich RYAN Business Systems, Inc. (1) Justin & Christine Salvio (*) Eric Slessinger & Higinia Cardenes Smith & Bishel Company (1) Maggie Stokes Suburban Stationers Inc. (1) Claude Thompson Elizabeth Tinker Vox Church (2) Mary Waters Polci (35) Maureen P. White (10)

SELF ESTEEM: \$250-\$499

Katherine Allocco & Gloster Aaron (2) Anonymous David & Karen Baer Bank of America Charitable Foundation Nancy Wind Benjamin (2) Better Carpet Cleaners (1) John Biddiscombe & Abigail Gorton Hugh Blumenfeld Jane Brawerman & Brian Stewart Leslie Bulion Phillip & Marie Cacciola C.A.N.E.L. Lodge 700 Patricia & Keith Charles Kathy & Ted Clark (2) Chris & Laura Conlev D'Amato Construction Co. Inc. (2) Daniel G. Howe Memorial Fund Robert & Sheila Daniels Joanne de Asis Benitez Stephen Devoto & Joyce Powzyk (30) Michael & Lisa Dipiro Terri DiPietro (*) Patricia Farrell & Peter Sipples First Congregational Church Betsy & David Gates Isabel Guy & Duffy White Michael & Maryann Hanley Cara & Jason Hardacker Jane & Gregory Harris JoAnne Hine Carl & Carol Keske Simone Ketchum (2) Katja Kolcio (2) Jennifer M. Konior John & Marita Koziar Robert Mahoney Lawrence & Patty McHugh

Adrienne & David Maslin (*)

Michael Maier & Katharine Owens Dan & Carol Mathison Holly Maturo Rebecca McCallum & Tony Hernandez (2) Steven & Rita McDermott Anne McKinney (2) Dan & Jan Monahan (2) Adrienne & Ronnie Morgan Thomas Mueller & Nancy Woolhouse-Mueller Suzanne O'Connell & Thomas Christopher Linda & Keith Osborne Cynthia Pabich (2) Chris Palazzolo & Mary Dean Mary & Louis Pear William & Shawn Peters Chanta Pou (43) Maureen & Matthew Ragone (39) Sari Rosenblatt & Steve Machuga Dena Rosenbloom & Doug Fishman Randi & Susan Salowitz Jessica Griffin Scheff & Andrew Scheff (*) Rebecca Scorso Edward Sharr, Jr. Jane Sinisgalli Carta & Louis Carta Small Victories Wellness Services (2) Rob Snyder & Gail Emilsson Robert & Mary Spooner (28) Sprout Landscaping (1) Andrew Szegedy-Maszak & Elizabeth Bobrick (6) Joanne Tan & Mark Conley (*) Sally Tomiko & David Taraskevich Jeanette Thompson Ruth Veleta & Robert Hennessey Linda & Neill Walsh Kari Weil (2) Nancy Winship-Poole & Allan Poole Ana Wittig Yiyang Wu (2) Henry & Susan Wylie Young's Printing (1)

COURAGE: \$100-\$249

Virginia Zwelling (2)(6)

Ann M. & Sultan Ahamed Foundation

Frank & Barbara Zocco (*)

Foundation, Inc. Robyn Anderson Arborview Dental Care, LLC Alex Armellini Ashlawn Farm Coffee Georgia Barwick Charles Bates & Ruth LeBar (26) Lisa Bianchi Kenneth & Jeannette Billeb Dr. Kenneth & Mary Bird (25) John & Michelle Boccalatte Catherine & Gregory Bonin (10) Bob & Christine Bourne Dena & Joseph Branciforte Jeffrey & Suzanne Burgess Angela Cacace & Daniel Chase Brendan Chafee & Meghan Neaton Chandler Hansen Family Margaret Chaplin, MD & Michael Aronow Kate Clay & John Wareham Cynthia & Randall Clega (42) Margaret Coe (27) Stephen Collins & Julie Carrion Terry Concannon Connecticut Propane Sharon Cooke Mary & Paul Crivell Andrew & Jennifer Curran Molly Dagit Jeff & Claire Davis Trevor Davis Jane & Lawrence Disciacca Maria Dornfried Pamela Duncan Dutch Oil Co. Inc.(16) Nancy Earls Leslie Eck Jerry Ehlen Kevin Elak Robert A. Fabricant Nicole Feeney First Church of Christ David & Amy Fitzpatrick Gina Florenzano Anne Fodera (33) James & Erika Fowler Cindy Fox Carol Ganick Marlene Geary Thomas & Evelyn Gezo Michael & Susan Good Brian & Christine Gooding

Anees & Batul Ahmed

Altrusa International of

Central Connecticut

Ken Ahnell

VOLUNTEER SPOTLIGHT

Thank you to all the volunteers that have supported Gilead's mission this year!

We're grateful to Hallam-ICS for choosing Gilead for a second time as the recipient for their annual service day. Each year, Hallam-ICS employees come together to perform community service for a day.

Volunteers spent the day at the Women's Home—painted the front porch; cleaned, organized and painted apartments; and installed new lighting fixtures throughout the house.

"The house seemed much brighter and more welcoming after they left," said clients and staff. Some clients even decided to treat this as a fresh start—working hard to maintain the cleaning that the volunteers completed. Not only did the Hallam ICS volunteers do great work for the house itself, but they showed kindness and respect towards the clients, some even making lasting impressions. Hallam-ICS's dedication and commitment to serving the community was obvious.

Thank you to Hallam-ICS who lives by their company's motto, "When it comes to a social mission, actions speak louder than words. Hallam-ICS is committed to being a positive force to improve the lives of our employees and the communities in which they live and work."



Betsy & Michael Gordon (*) Ruth Ann Graime Debbie & Paul Greenbaum Meghan Guilmette Paul & Barbara Hallwood Katie Hanley Ruth Hayes Traci Higgins (24) Madeline & Donald Hochheiser (36) Jennifer Holland David & Deborah Howe Thomas & Margaret Howe (13) James & Ruth Hubert Sally Irons & Thomas Linskey Jill Jensen & Michael Foster

Kristin & Seth Jodoin Andrea Johnson & Chad Anderson Matthew Johnson Donald & Garnette Jones Marjory Jones Toni Jordan-Jenkins Brian & Linda Kaskel Lauren Katusha Marian Katz (23) Kari Khoury David & Nicole Lapidus Marc Lapidus Christine & Jeff Leiby Judith & Marc Levin Jenni Thompson & Sherry Lisitano Audrey Livingston

Ellen Lukens (6) Susan Macary & Steve Delaronde Rebecca MacLachlan Nancy & John Makrogianis (11) John & Carolyn Marsh Margery May Marie & Patrick McKenna Karen Meyer Philip & Alison Mielcarz Stephanie Robiner & **David Miner** Steve & Karen Minkler Kevin & Sally Monahan (7) Elizabeth Morgan Morin Diesel Rick & Elizabeth Morin Linda Mouning Mark Muller & Nanci Maron Jill Nagy Julie Nelson Bill & Maureen Nichols Daniel & Jeannie Nocera Gene & Karen Nocera Berthe Noonan Cliff & Leah O'Callahan Christopher & Karen Olsen Maureen O'Reilly Harold & H. Lorraine Panciera Michael & Elena Patterson Alicia & Dan Pennev Ann Percival Jane Piro & Jeff Sund Paul & Joanne Puglia Laura Radin & Charles Barber Margaret & Brian Rarey Wendy Rayack & Steve Burkholder Christine Repasy William & Melissa Roberts Susanne & Chad Robertson Cora Rodenhizer Michele & Michael Rulnick Joyce Saulnier Melissa & John Schilke Ralph & Marie Schnabel Joe & Marie Serra Deborah Shapiro Stephen & Carol Shapiro Greg Shields & Susan Henehan Allen & Irene Silberstein Richard & Emaly Simone (27) Pam Skerker **Betsey Smith** Andrew Staba Sarah Steinfeld Donna Stiffle (10) Valerie Stoddard & Todd

Brewer Martha Stone (42) Bruce & Pam Stovall Brent M. Stratton, ESQ Chris Thompson Lawrence & Lillia Volz Elizabeth Wagner Gary & Karina Wallace Judith & Robert Walsh Amy Waterman & Daniel Long Don & Daisy Weaver Michael Whaley Dorothy Wind (16) **Eunice Wiseman**

HOPE: \$50-\$99

Christine Ahern Cristie Amato Cynthia Andrus Annino Survey LLC George & Janice Atkeson Robert F. & Janice Baldwin (29) Sunny Banwar & Rob Rosenthal Esther & John Beierle (22) Mona Berman & Pierre Strauch Jennifer Bishop Mike Black Jeanette Blackwell Shannon Brewer Holly Brown (21) Lauren Brown Louise Brown Ann Burke Patricia Burke Ramona Burkey Erin Canalia Linda Choser Elmer & Gwendolyn Clark (37) Shirley Damm Jennifer D'Andrea Arianne de Asis William Doyle Tom & Donna Duff Steve & Barbara Dworetzky (41) Fred & John Elmore Karen Faass Michael Fallon (45) Mina Farahani Evelyn & Marvin Farbman (18) David Ferrigno

Elizabeth Fisher

Elwin Guild & Joan

Giesemann

Jennifer Hadley

Jennifer Hansen

Denise Gable

Elaine Harwood Amy & Richard Hewitt Frederick Johnson Jr. & Rene Karas-Johnson Karen Johnson Mary Klaaren (6) Helen Kuzina Matthew Lamstein (20) Margaret Lemrise Robert Leo, Jr. (27) Trisha Lundberg Maddie Mays (12) Charlotte McCoid Delcie McGrath Andrew & Tara Mendyka Greg Mueller Jack & Susen Probolus (27) Paul & Sallie Probolus (27) Catherine Rees Julie Rioux Rosario Rizzo, Jr. Barbara Roberts Latasha Russell Sheryl & Andrew Schieffer Carol Schulz Maryann Serra (44) Roynn Lisa Simmons Randy Skoly & Denise Bergeron Skoly Marty Smith Bronislawa Sochon (10) Ed Sokaitis Debra Stanley Kate Stiffle (10) Candy Stone-Gagne & Eric Gagne Nicholas & Mary Lou Sunday Patricia Tardif Kate TenEyck & Noah Baerman Julia Townsend & Peter Love Lisa Tringali & Kevin Ognan Paul & Lauren Turenne

Dan & Tina Waterman

Waves Hair Studio (15) Charles & Elizabeth

Whynacht (27) J. Melvin Woody

GILEAD STAFF

Staff who have generously donated to Gilead

Shirley Adams Louise Bahre Michael Black Paul Blaha Shannon Brewer Deborah Carpenter Diane Cenotti

DONOR LEGEND

- Dinner Hosts 2021 Quizine for a Cause
- ¹ Sponsor 2021 Quizine for a Cause
- ² Sponsor 2022 Road Race
- ³ In Memory of Reds McMillan
- ⁴ In Memory of Nicholas Harrity
- ⁵ In Memory of William McAlaine
- ⁶ In Honor of Jane McMillan
- ⁷ In Memory of Jake Monahan
- ⁸ In Memory of Mr. Harold S. Greenbaum
- ⁹ In Honor of Martha Stone
- ¹⁰ In Honor of Stephen White
- ¹¹ In Memory of Joan Youngs
- ¹² In Honor of Ben & Gabriela's Wedding
- ¹³ In Memory of Daniel E. Howe
- ¹⁴ In Honor of Mark Leonetti
- ¹⁵ In Honor of Jake Bartholomew
- ¹⁶ In Honor of Suzanne Gaskell
- ¹⁷ In Memory of Doc Wiseman
- ¹⁸ In Honor of Matt Lamstein & Dr. Richard Wiseman
- ²⁰ In Honor of Joan, Shirley & Katie
- ²¹ In Honor of Thomas J. Farrell
- ²² In Memory of John M. Beierle
- ²³ In Memory of Sam Katz
- ²⁴ In Honor of Diane & Paul Higgins
- ²⁵ In Memory of Richard
- ²⁶ In Honor of Elaine Bissonette Bates
- ²⁷ In Memory of James Probolus
- ²⁸ In Memory of John Sargent and Dorothy & Joseph Gladd
- ²⁹ In Memory of Douglas Baldwin
- 30 In Honor of Ed McKeon
- 31 In Honor of David Rarey
- 32 In Memory of Gail Kane Owen
- ³³ In Memory of Kenneth Cadieux
- 34 In Memory of Rishi Pradhan
- ³⁵ In Memory of Derek Antonucci
- 36 In Honor of Lori Hochheiser
- ³⁷ In Memory of Dave Dunklee
- 38 In Memory of Ryan Oliver
- ³⁹ In Memory of Robert Patey
- ⁴¹ In Honor of Fran, Ben & Becca Ludwig
- ⁴² In Honor of Fran Ludwig
- ⁴³ In Memory of R. Gable
- ⁴⁴ In Memory of Thomas J. Serra
- ⁴⁵ In Honor of Carrissa Williams
- ⁴⁶ In Memory of Cheves Langston
- ⁴⁷ In Honor of Gloria, Sandra & Cristy Caballero
- ⁴⁸ In Honor of Barbara, Steven & Ari

Sean Clark Darcy Dickinson Shannon Donahue Kimberly Falango Dave Ferrigno Denise Gable Betsv Gerich Madeline Lebron-Gahar Cynthia Lee Joe Mascolo Holly Maturo Lucy McMillan Daniel Millstein Ashley Murray Dan Ösborne Stacey Owens Justin Salvio Joyce Saulnier Sheryl Schiefer Barry Simon Rob Snyder Linda Stankiewicz Joanne Tan Courtney Tambling Jennifer Velez

Linda Walsh Deanna Welsch Nathan Wise

IN-KIND DONATIONS

Shirley Adams American Distilling Rani Arbo & Scott Kessel Monica Belyea & Steve Smith Rebecca & David Bohy Cathy & Bob Boone Ray & Sandy Bourret Deb Carpenter Margaret Chaplin Kathy & Ted Clark Community Health Center (1) Cotton Hollow Kitchen Daniels Energy Chervl Dinalio Terri DiPietro David Fitzpatrick & Amy Holmes Denise Gable

Suzanne & John Gaskell Betsy Gerich Betsy & Mike Gordon Betsy & Victor Graziano Hallam ICS Russ & Leslie Hassman Kim Hogan Donna Jedynak Alison Johnson & Justus Addiss Andrea Johnson Katja Kolcio Matthew Lamstein Vincent Loffredo & Dora Glinn Fran Ludwig Lyman Orchards Golf Club Kasandra Kelly & Maison Hatcher Michael Maier & Katharine Owens James Mandile Joe Mascolo Adrienne & David Maslin Mark Masselli & Jennifer

Alexander Larry & Patty McHugh Ed McKeon & Lucy McMillan Jane McMillan Daniel Millstein & Jean Weigert, MD Jean & Mike Monahan Jaclyn Murano **National Sign Corporation** Newington Electric Oak Hill Suzanne O'Connell & Thomas Christopher Dan & Kyle Osborne Stacey Owens Laura Patey & Elizabeth Leigh Powers Philip & Shirley Pessina David & Gail Porteus Prestige Parking Services Cathy Probolus River Tavern Justin & Christine Salvio Maura Sheil-Hughes Silo Point Country Club

Barry Simon & Susan Silverman Pam Skerker Margaret Smith Pat Snyder Suburban Stationers, Inc. David & Patsy Soule Andrew Szegedy-Maszak & Elizabeth Bobrick Joanne Tan & Mark Conley Tony's Package Store (1) TPC River Highlands Golf Jennifer Velez Vox Church Mary Waters Polci Curtis & Joyce Weybright Quentin & Carrissa Williams Paul & Sowgol Zakarian Frank & Barbara Zocco

GRANTS

Gilead was awarded a total of \$674,476 in grant dollars, supporting a wide variety of the agency's needs. From operating support for Farrell Treatment Center to major renovations in various program facilities, subsidies for our outpatient clinics and professional development training, these funds have allowed us to improve upon our facilities and gain valuable knowledge and supports for our programs. Gilead is so grateful to all the Foundations, Charitable Funds, the State of Connecticut and various municipalities that have supported our programs, helping us improve the lives of our community members!

\$3,000 from the Swindell's Foundation to subsidize counseling services for under- and un-insured clients at the Middletown Outpatient Clinic (MOPC).

\$5,000 from the Thomas J. Atkins Memorial Trust Fund to subsidize counseling services for under- and un-insured clients at the MOPC.

\$650 from the Community Service Fund of Frontier Communications for CO2 monitors for the program homes.

\$5,000 from the Community Foundation of Middlesex County for Therapeutic Crisis Intervention (TCI) training for clinical staff.

\$2,000 from Essex Community Fund to subsidize counseling services for under- and un-insured clients.

\$75,000 from the Connecticut Health & Educational Facilities Authority for the Farrell Treatment Center roof refurbishment.

\$15,000 from the Community Chest of New Britain & Berlin to support Farrell Treatment Center program.

\$29,000 from Middlesex United Way to subsidize counseling services for under- and un-insured clients at the MOPC.

\$3,500 from both the Town of Westbrook and Town of Essex to subsidize counseling services for under- and uninsured clients.

\$10,000 was approved through the *Middletown Community Development Block Grants* program for the installation of the Magnolia Home HVAC system.

\$3,000 from the George A. & Grace L. Long Foundation to subsidize counseling services for under- and un-insured clients.

\$299,826 from American Rescue Plan Act (ARPA) City of Middletown to support Gilead's Mental Health Resource Center Service Navigation, trauma support for the community & mental health awareness education over two years.

\$175,000 from ARPA Round 1 for the purchase of hybrid meeting technology, building security enhancements, telehealth workstation technology, office additions for social distancing & bathroom renovations at Farrell Treatment Center.

\$44,500 from ARPA Round 2 in support of facilities improvements, including the GI office, SCAP fence & walkway repairs & Farrell Treatment Center fire suppression sprinklers.

THE YEAR IN REVIEW



Movie Field Trip!



Camp Harkness Camping Trip



Fun at the Fair!



Run/Walk for Every 1!



Tried & True: 38th Annual Pig Roast



GI Gardens



Major Donor Picnic



Staff Appreciation Picnic



Halloween Parties



Thanksgiving Turkey Donations!



Decorating Gingerbreads



Nathan Wise, Anchorage staff, in the performance of Ruddigore, with Kyle & Dan Osborne



Therapy Dog Visit



Thanksgiving at Social Club



Sing-a-long at Gateway



Our Awesome Volunteers!



Quizine for a Cause



Quizine for a Cause Staff Volunteers

OPENING DOORS

After two years of holding the event as an outdoor drive-in movie, it felt wonderful to return to a more traditional Quizine for a Cause in 2022! The calendar may have said it was November, but the temperature made it feel like September, providing the perfect environment for us to gather together under the tent at the beautiful Wadsworth Mansion. Together we raised over \$139,000!

Thanks to the success of this event, Gilead was able to replenish our Opening Doors Fund. This fund provides money that managers and direct care staff can request to help clients in their recovery. Everything from basic needs items to housing are funded through Opening Doors.

The Gilead I group home enjoyed their weekly beach trips even more after Opening Doors purchased beach chairs, a blanket and umbrella for their



outings. A client from the WISE program had a goal of losing weight and improving his diet. Funds from Opening Doors purchased vegetable plants so that he could not only eat healthier, but also enjoyed growing his own healthy food.

Opening Doors has been a vital resource for many Farrell Treatment

Center clients facing homelessness. We have been able to help several clients obtain immediate housing in a sober house or help them with a deposit towards an apartment after completing the inpatient residential program.

Stephen Projansky, Clinician at Farrell shares how the fund helped one woman get out of a dangerous living situation where she was at risk and had been enduring ongoing abuse. "Opening Doors has made a dramatic change in our client's lives when no other resource was available."



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There's No End to the Good You Can Do!

A charitable IRA rollover can benefit both you and Gilead.

If you are at least 70 1/2 years old, you can make a gift to Gilead directly from your individual retirement account (IRA).

BENEFITS

- Satisfies the Required Minimum Distribution (RMD) for the year donated.
- Donation, up to \$100,000, is treated as a tax-free withdrawal.
- Gilead receives the full amount.

MAKE YOUR GIFT TO GILEAD TODAY

For information contact Lucy McMillan at 860.301.6634 or Imcmillan@gileadcs.org









